

Community CONNECTIONS

Spring 2020

Building & Strengthening Our Team

Community Wellness Partners is pleased to announce the following career placements on both campuses:

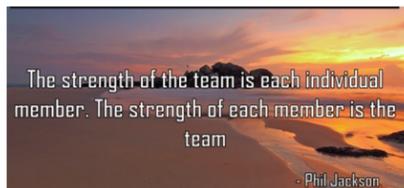
Corina Chrystie has been named to the position of Vice President of Human Resources. She has spent the last 10 years of her career working in managerial roles in that department for Presbyterian Homes & Services and will now be responsible for the Human Resource functions related to the whole of Community Wellness Partners. Corina is a 2008 graduate of Utica College and recipient of an MBA degree through the SUNY Institute of Technology;

Carrie Roth, former Director of Lifestyle Enrichment for the adult home, has been promoted to Administrator of the Lutheran Home of Central New York. A graduate of Utica College, Carrie has worked in various positions at LutheranCare® over the last 20 years, most recently responsible for the programming for members of the adult home as well as Program Coordinator for Your Neighbors, Inc., a volunteer-based program serving those with limited independence in the greater Utica area;

Mark Chrzanowski has taken the position of Director of Education for Community Wellness Partners, responsible for the oversight of the training and education of all team members within the organization. He received his Bachelor's degree in Management from Campbell University, an Associate degree in Nursing from St. Joseph's College of Nursing and a Post Baccalaureate Certificate in Nursing from Le Moyne College. Mark most recently worked as a staff nurse, clinical coordinator, unit manager and in post-operative care at St. Joseph's Hospital in Syracuse;

Amy Krause has been named to the position of Director of Nursing on the LutheranCare® campus of Community Wellness Partners. Amy earned her nursing diploma from St. James Mercy Hospital School of Nursing, her Bachelor's degree from Daemen College and her Master's degree in Nursing Administration from SUNY Institute of Technology and comes to the organization with more than 25 years of experience in Long-term Care, 13 of those years serving as Director of Nursing. Amy most recently served as Director of Nursing at Norwich Rehabilitation and Nursing Center;

Amanda Bartlett has joined the team as the new Administrator of the Lutheran Home Cottages – a Special Needs Assisted Living Residence designed especially to serve those living with various stages of dementia. Amanda received her Associate's degree from St. Joseph's College of Nursing followed by a Bachelor's degree from Le Moyne College. She has held several clinical management positions in the area, most recently as a Registered Nurse manager for Oneida Healthcare Extended Care Facility.



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Coping with the Coronavirus - Our First Steps

On March 13, after careful consideration, Community Wellness Partners closed the Katherine Luther Residential Healthcare and Rehabilitation Center and the Lutheran Home of Central New York (LutheranCare), Presbyterian Home for Central New York and Presbyterian Residential Community to all outside visitors. These closures include all Adult Day programs on both campuses. All non-critical medical appointments and all travelling entertainment were cancelled until further notice.

We would like to stress that we ARE NOT experiencing any Flu or COVID-19 outbreaks or cases at this time. Our goal is to keep our residents safe and healthy and we have taken these measures in order to ensure we are protecting our residents from any potential exposure or risk. These measures include the use of facial masks which, in an overwhelming response to a Facebook plea, have been and continue to be donated by various individuals and groups in our community.

This was a difficult decision and one that impacts our residents and their family members. We took steps to have two laptop computers available on each campus that allow the opportunity to Skype with loved ones. In addition, we also have one iPad on each campus for the ability to Facetime with our residents. While our first priority is to keep our residents healthy and safe, we also want to preserve their relationships with family and friends. We greatly appreciate and thank all of you for your cooperation and understanding of this situation.

We have done our best to keep our communications current through letters to families, social media posts and phone calls. For any questions or concerns, please contact Lenora D'Apice, Vice President of Development, Marketing and Public Relations at 315.725.6277.



CWP to Launch Parkinson's Cycling Program

Community Wellness Partners has announced the addition of an innovative program slated to launch in the spring of 2020. Pedaling for Parkinson's - a program developed through the research efforts of professionals from the Cleveland Clinic - is a form of forced exercise on stationary bikes designed to encourage Parkinson's patients to push the limits of their physical capabilities in order to achieve greatly improved mobility and health. Renovations for the new program, which will be housed at the Wellness Center on the Presbyterian Homes & Services campus began this Spring with an initial inventory of equipment which includes ten stationary bikes, two Theracycle bikes, individual heart monitors as well as a Smart TV, iPad, DVD player and speakers. The class will be facilitated by a trained spin instructor.



One of the latest advancements in the treatment of individuals living with Parkinson's Disease, Pedaling for Parkinson's is yet another level of service which Community Wellness Partners offers the community. Offering this spin class in conjunction with the other established programs for Parkinson's at the Presbyterian Home campus like Rock Steady Boxing and Telemedicine will not only complement the existing programs but also help to make a significant impact in the lives of many individuals. This program is sponsored by the Mele Family Fund of The Community Foundation of Herkimer & Oneida Counties.

LutheranCare Lobby Project

Plans for the renovation of the 30-plus year old Administration lobby have been developed which will completely transform the area and create a much more inviting first impression of LutheranCare - a welcome modernization in honor of surpassing our 100th year. Monies for the project were and continue to be raised through an employee Capital Campaign with a dollar-for-dollar match from The Lutheran Homes Foundation as well as from generous private donors.

If interested in becoming part of the transformation, please contact Development Team member, Karen Ostinett, 315.235.7104, kostinett@lutherancare.org.



A Message from the President & CEO

2020 marks the fourth year of the affiliation between LutheranCare and Presbyterian Homes & Services - Community Wellness Partners (CWP). With over 150 years of combined service, the affiliation offers the most complete continuity of health and wellness services for older adults in Oneida County. The organization employs nearly 1,000 individuals and serves 1,300 adults each day through its programs and services. Joint Foundation fundraising efforts in 2019 achieved over \$900,000, successfully advancing the organization and making a positive impact on both campuses and on the people who call it home.

To highlight just a few of the projects and notable happenings which took shape last year:

- ◆ Phase One of the Meadows project was completed last summer, replacing 93 of the 149 existing units. Phase Two began in January of 2020 and is scheduled for completion in the first quarter of 2021. This Phase of the project will replace 64 existing units with 102 units for a total of 195 new units;
- ◆ Several projects took shape in 2019 and are expected to be completed this year. The two largest projects at LutheranCare are renovations to the Administration Lobby and construction of the Welker Dialysis Center. At Presbyterian Homes & Services, through the generosity of David and Janet Griffith, the rehabilitation entrance is now fully renovated providing a great first impression for our outpatient rehab clients;
- ◆ In April, the Lutheran Homes Cottages - the 13 suite/14 occupant Special Needs Assisted Living Residence - officially opened with a ribbon cutting ceremony. The Cottages are now operating under the supervision of new Administrator, Amanda Bartlett;
- ◆ At the Presbyterian Home, roof replacement and installation of a new nursing call bell system were completed;
- ◆ In June, LutheranCare received two much-anticipated buses funded by a grant from the Department of Transportation and Presbyterian Residential Community was awarded a \$1,275,000 Empire State Supportive Housing Initiative (ESSHI) grant to fund supportive housing for persons 55 and older identified as homeless or at risk of becoming homeless.

These accomplishments and more are made possible through your continued support and dedication to our organization. Thank you.

Michael K. Sweeney
 President & CEO



The Welker Dialysis Center

Through the generosity of the Welker family - dedicated, long-time donors to The Lutheran Homes Foundation - the planning phase has begun and the construction approved for a new, state-of-the-art dialysis center on the LutheranCare campus of Community Wellness Partners.

The on-site capabilities of such a center will alleviate the need for transportation to and from an outpatient facility and long waits for treatment while reducing recovery times and re-hospitalization rates. The overall benefit in providing on-campus dialysis is in substantially improving patient outcomes as well as the quality of life of our residents.

