



The target population for the Caregiver Support Program is those caring for loved ones who in addition to the stresses caused by Alzheimer's Disease or other dementias are also geographically isolated without access to support services.

### Our Caregiver Program Offers:

- ◆ No cost respite services;
- ◆ A network of support groups;
- ◆ Education & training programs;
- ◆ Social & recreational events;
- ◆ Referrals to additional resources, as needed.

LutheranCare does not discriminate in the provision of services with regard to race, color, gender, sexual orientation, religion, national origin, disability, age, marital status or any other protected class.



*LutheranCare is a faith-based organization committed to the people of our community and dedicated to providing innovative, quality programs and services to those in need of compassionate care.*

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# Caregiver Support Program

*Respite Services & Support Groups*

*Quality Care Since 1919!!*

  
**LutheranCare**<sup>®</sup>

*An affiliate of Community Wellness Partners*

315.235.7147

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## About Caregiver Support

LutheranCare has expanded its existing support services and is now offering them at no cost to caregivers in rural communities in a three-county area. The services are provided through Helping Hands Home Companions and the ActiveDay Social Model Adult Day Program.

### Our Home Companions:

- ◆ Prepare meals;
- ◆ Shop and run errands for those who cannot;
- ◆ Provide companionship through conversation, entertainment & other activities;
- ◆ Offer reminders regarding medications & prescriptions;
- ◆ Perform light housekeeping duties including cleaning, bed-making & laundry;
- ◆ Assist with pet care;
- ◆ Maintain calendar of appointments, correspondence & telephone calls;
- ◆ Assist with morning & evening routines and grooming/dressing.

## Discover Quality. Discover LutheranCare.

Discover LutheranCare's new Caregiver Support Program.

The Support Program is designed to provide respite services and support groups for those caring for a person living with Alzheimer's Disease or other dementias. The geographic area served is specifically rural communities with limited access to services encompassing Oneida, Herkimer & Madison Counties.

## Contact

## Caregiver Support Today.



**For more information on this support service at LutheranCare, please call 315.235.7147**

## The Program Vision

*The goal of LutheranCare's Caregiver Support Program is to offer access to much-needed services at no cost to the person living with dementia and, most importantly, well-deserved respite and peace of mind for those caring for a loved one.*

*- Program Intake Coordinator*

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### Our ActiveDay Program Provides:

- ◆ Daily exercise and activities;
- ◆ Continental breakfast, lunch & a nutritious snack provided daily;
- ◆ Group outings, shopping trips & scenic excursions;
- ◆ Door-to-door transportation;
- ◆ Hair salon services by appointment;
- ◆ Case management services.

## Acknowledgement

*The Caregiver Support Program is supported by a grant from the New York State Department of Health.*