



Companion & Home Care

It's time for possibilities.

Companion Care

Helping Hands companions safeguard independence and provide a variety of household and daily living services, including:

- Meal preparation
- Shopping and other errands
- Companionship
- Medication and prescription reminders
- Light housekeeping, including cleaning, bed making and laundry
- Maintaining calendar of appointments and telephone calls
- Grooming/dressing assistance

In addition, Helping Hands offers pet care and can provide transportation to doctor and hairdresser appointments, grocery stores and other venues. Helping Hands companions serve individuals in Oneida, Herkimer and parts of Lewis and Madison Counties.

Home Care

Like Helping Hands, Home Care is designed to help individuals stay at home and maintain their independence. In addition to assisting with household and daily living activities, Home Care also offers:

- Patient assessment and plan development and maintenance
- Case management, including reporting pertinent information to an individual's physician
- Simple dressing changes
- Catheter and ostomy care
- Assistance with medical appliances
- Rehabilitation assistance
- Oxygen administration by cannula or mask

Home Care professionals can also accompany individuals to medical appointments and assist with bill paying.

*For more information about how we can help you or someone you love create life-changing possibilities, call **315.853.5515** or **315.797.7500** or visit us online at **communitywellnesspartners.org**.*