



# Independent Living

## *It's time for possibilities.*

### The Meadows

The Meadows apartments, located on a 23-acre campus-like setting, offer a combination of studio and one- and two-bedroom apartments. The contemporary complex includes access to a new and modern Wellness Center and priority admission to other levels of service and programs.

Every apartment comes fully equipped with an electric range, refrigerator, individual room thermostatic control and wall-to-wall carpeting. All ground-level units offer lovely patios and the second-floor apartments have balconies affording expansive views.

The state-of-the-art Wellness Center was designed with seniors in mind and features equipment specifically designed to meet their needs. The Wellness Center also boasts a dry sauna to ease pain and stiffness associated with arthritis.

Enjoy a variety of activities at the Friendship House, The Meadows community center, and other amenities and services throughout the campus, including

- Bus trips
- Coffee hour
- Laundry facilities
- Meals (home delivery and takeout)
- On-site home care services
- Special luncheons/holiday parties

The Meadows is a HUD-subsidized development and utilities are included.

### Preswick Glen

This luxury community offers seniors a worry-free, retirement living on 40 acres of land that includes walking paths, bird watching areas, raised gardening bed areas, bocce court, and pond and picnic /barbecue areas.

The apartments and duplex cottages offer one or two bedrooms; one, one and a half, or two bathrooms; and the option of a den. Apartments and cottages have mini blinds for privacy and carpeting for added comfort and feature private porches/patios, washer and dryer, dishwasher, stove, refrigerator and garbage disposal.

In The Community Center, savor fine dining while socializing with friends and neighbors. Surprise a loved one by hosting a party in the private dining room. Spend time in the library utilizing the computer. Entertain the grandchildren for the day playing cards in the game room or joining in on current activities. On a cold winter day, you can read in the library in front of the fireplace.

Our Community Center also includes:

- Happy hour
- Lecture series
- Stunning dining room with three-course meals
- Wellness programs - Tai Chi, Yoga and Zumba

We'd love to show you around. Call us directly at 315-734-9586.

*For more information about how we can help you or someone you love create life-changing possibilities, call **315.797.7500** or visit us online at **[communitywellnesspartners.org](http://communitywellnesspartners.org)**.*

**Presbyterian**  
HOMES & SERVICES